

Nancy's Nuisance Spending Pause Card

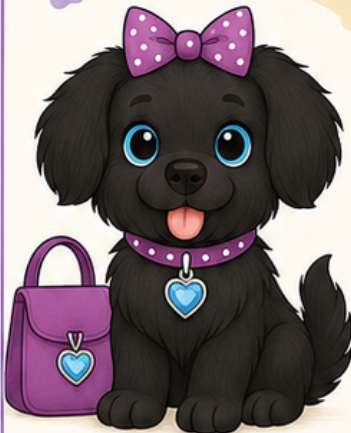
Cut out a card and keep it with you as a reminder to pause before spending.



**Before I spend,
I pause and ask:**

-  Do I need it?
-  Do I really want it?
-  Can I wait?
-  Have I saved something first?

Pause, think, then choose wisely!



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